

TATRC Welcomes New Deputy Commander, LTC Morgans from the Army Medical Specialist Corps Office!

LTC Rachel E. Morgans has joined TATRC as its newest Deputy Commander! LTC Morgans hails from Reading, Pennsylvania. She began her career 19 years ago after graduating from the Pennsylvania State University with a Bachelor of Science in Nutrition. She commissioned as a second lieutenant in the Army Medical Specialist Corps in 2005 before making her way to Fort Sam Houston, TX to attend the Officer Basic Course. She then attended the U.S. Military Dietetic Internship Consortium at Walter Reed Army Medical Center (WRAMC), Washington D.C. (2005-2006) before earning the Registered Dietitian credential in 2006.

During her career, LTC Morgans earned a Master of Science in Exercise Science and Human Performance Optimization from the California University of Pennsylvania, a Master of Business Administration and Master of Healthcare Administration from Baylor University. LTC Morgans is a board Certified Specialist in Sports Dietetics (CSSD) and has a passion for human performance optimization through sports nutrition education and fostering healthy environments.

After passing the Registered Dietitian examination in 2006,



**LTC Rachel E Morgans,
TATRC Deputy Commander**

LTC Morgans served in the following assignments: Chief of Clinical Dietetics at Moncrief Army Community Hospital, Fort Jackson, SC (2006-2008); Clinical Dietitian at WRAMC (2008-2009); Chief of Nutrition Care, 212th Combat Support Hospital and Clinical Dietitian at Landstuhl Regional Medical Center, Germany (2009-2013); Brigade Dietitian and Chief of Operation Support for the 65th Medical Brigade, Republic of Korea (2013-2015); Hospital Executive Officer for the 121st Combat Support Hospital and Brian Allgood Army Community Hospital, Republic of Korea

(2015-2016); Chief of Community and Outpatient Nutrition Branch, Brooke Army Medical Center, Joint Base San Antonio, TX (2016-2018); Graduate Student, U.S. Army-Baylor Program in Healthcare Administration, Joint Base San Antonio, TX (2018-2019); Chief, Clinical Nutrition Operations Division, Walter Reed National Military Medical Center (WRNMMC), Bethesda MD (2019-2020); Department Chief, Warrior and Family Coordination Cell, WRNMMC (2020-2022); Executive Officer, Army Medical Specialist Corps, Fort Sam Houston, TX (2022-2024). Some of LTC Morgans' awards and decorations include the Defense Meritorious Service Medal, Meritorious Service Medal (4 OLC), Joint Service Achievement Medal, Army Commendation Medal, Army Achievement Medal (2OLC), Expert Field Medical Badge, German Sports Badge (bronze), and the Norwegian Foot March Badge. Her skill identifiers include Strategist (6Z), Capabilities Development (7Y), Health Systems Management Analyst (8S), Instructor (5K), Civil Operations Specialist (5Y). She is a member of the Academy of Nutrition and Dietetics, America College of Healthcare Executives, and Order of Military Medical Merit.

LTC Morgans is extremely excited to join TATRC. “I am honored, humbled, and thrilled to join the TATRC team of innovative and driven scientists, program managers, technicians, and administrative professionals. I am looking forward to learning from our experts, synergizing with external stakeholders, and sharing my unique background and perspective to bring about our

mission of automating casualty care and deliver the Army of 2030.”

Rachel is engaged to Michael (Mike) and looks forward to being a stepmother to his seven-year-old son, Alex. They enjoy traveling, hiking, skiing, RV trips, and obstacle course racing. Rachel has enjoyed showing Mike the joys and health benefits of cooking. In turn, Mike has introduced her to

the world of ballroom dancing! Coincidentally, both of their families live only five miles apart, and they appreciate being able to visit with them together.

TATRC is excited to welcome such a diverse and open-minded leader to the Command team! 

